



strengthening  
our home  
and family

## **Deseret Book®**

Family Home Evening Materials

### Theme: 2nd Article of Faith

Packet #070205

#### **5 tips for successful Family Home Evenings**

- 1. Pray.** Pray about the needs of your family as you consider topics for home evenings, and pray as you prepare.
- 2. Prioritize.** Make Family Home Evening a priority; learn to say no to other activities.
- 3. Involvement.** Involve everyone in the family; help little children take part.
- 4. Commitment.** Be committed and be consistent. Set a designated time and stick to it. Holding Family Home Evening on a weekly basis takes dedication and planning on the part of all family members.
- 5. Relax** and enjoy it. The most important thing your children will remember is the spirit they feel in your family home evenings and activities. Be sure the atmosphere is one of love, understanding, and enjoyment.



## 2nd Article of Faith

### **Thought:**

Man is God's greatest creation. For him the world was formed. His welfare is the Father's chief concern. But God does not make of man a pawn. . . . Each of us has a choice between right and wrong. With that choice there will follow consequences. Those who choose to violate the commandments of God put themselves at great spiritual and physical jeopardy.

(Gordon B. Hinckley, *Teachings of Gordon B. Hinckley*, [Salt Lake City: Deseret Book, 1997], p. 55.)

### **Purpose:**

Help our family members better understand the Second Article of Faith.

### **Song:**

"Dare to Do Right," *Children's Songbook*, p. 158.

### **Scripture:**

We believe that men will be punished for their own sins, and not for Adam's transgression.

(Articles of Faith 1:2)

### **Lesson:**

Heavenly Father gave Adam and Eve commandments. He commanded them to have children. He also commanded them not to eat fruit from a certain tree in the garden. One day Satan tempted Eve to eat fruit from the tree of knowledge of good and evil. Adam also ate some of the fruit.

Because Adam and Eve broke that commandment, they had to leave the Garden of Eden. They did not live with God anymore. Their physical lives changed, too. When they got old, they would die.

What Adam did is called "Adams transgression" or the "fall of Adam." Some people believe that when Adam and Eve ate the fruit from the tree of knowledge of good and evil, they sinned. Some people believe that all men will be punished for because of Adam's transgression. But members of the Church of Jesus Christ know that if Adam and Eve had not eaten from the tree of knowledge of good and evil, they would never have been able to have children.

We do not walk and talk with God everyday. But we do know the difference between good and evil. If we use our agency to keep the commandments, we can return to live with our Heavenly Father, and we will be happy.

Match the people to the things they did or said

Adam	commanded Adam and Eve to have children.
Heavenly Father	was the first person to eat the fruit.
Eve	tempted Eve to eat the fruit.
Satan	was the first man on this earth.

(Ann Laemmlen and Jackie Owne, *Articles of Faith Learning Book*, [Salt Lake City: Deseret Book, 1990], p. 22–26.)

## Story:

### And Not for Adam's Transgression

(T. S. Hettinger)

Sarah watched in horror as milk raced across her place mat. Just before the white liquid reached the edge of the table, she grabbed the tablecloth and lifted it up. "Mommy, help!" she shouted. Sarah's anxious tug stopped the milk from pouring off her side of the table, but it tipped her own bowl, sending milk and cereal flowing off the other side.

Mom came running into the kitchen. "Oh, Sarah! Why can't you be more careful?"

Sarah began to cry. "It wasn't my fault," she sobbed. "Adam did it."

Mom looked at little Adam, who was sitting on the floor, playing with a toy truck. He looked up and smiled.

"You expect me to believe that Adam crawled up onto the chair, dumped your glass and bowl on the table, then crawled down before I got here?" Mom asked angrily. "I know that accidents can happen, but lying about this only makes it worse. Go to your room. I'll be in to talk to you when I have everything cleaned up. And I want you to think about how you would feel if someone told a lie about you."

Sarah climbed down. "I didn't lie!" She muttered as she walked to her room.

Mom looked down at Adam. "Oh, Adam, what do you think I should do?" Smiling a big toothless grin, Adam stretched his arms toward Mom, signaling that he wanted her to pick him up.

"Just a minute, little one." As Mom started to clear the table, the tablecloth swayed back and forth. Adam was fascinated by it. Reaching up, he grabbed it and pulled. Sarah's spoon fell to the floor.

"Oh dear," Mom said, picking up the spoon. "I think I made a big mistake. It was your fault, wasn't it?"

She picked Adam up and hurried to Sarah's room. Sarah was on her bed, her face buried in the pillow.

Setting Adam on the floor, Mom sat down beside her daughter and gently stroked her hair. "I think I owe you an apology."

Sarah sat up.

"Did Adam pull on the tablecloth?" Mom asked.

Sarah nodded. "I tried to stop the milk, but I couldn't, and it went everywhere. But it wasn't my fault, honest."

Mom put her arm around Sarah. "I'm sorry. I should have let you explain. And I shouldn't have

accused you of lying to me. Will you forgive me?"

Sarah nodded again.

Mom reached over to Sarah's dresser and picked up the picture of Jesus with the Articles of Faith on the back. Turning it over, she asked, "Remember the article of faith that says 'We believe that men will be punished for their own sins, and not for Adam's transgression?'"

"That's the second one," Sarah announced proudly.

"You're right. It means that we are responsible only for the things that we do. I scolded you for something the baby did. I was punishing you for Adam's transgression!"

They both laughed. Hearing his name, Adam looked up and laughed too.

(T. S. Hettinger, "And Not for Adam's Transgression," *Friend*, Feb. 1996, 38.)

## Activity:

### Show and Tell

Make small cards with the following action on one side and the corresponding consequence on the other side. Have family members take turns drawing a card and reading the action. Decide as a family if the consequence would be gaining or losing the spirit. Help family members understand that they receive the consequences of their own actions.

#### ACTION

1. You read the scriptures today.
2. You prayed before you went to bed.
3. You hugged your little brother when he fell.
4. You yelled at your younger sister for getting into your things.
5. You were angry at your mother for asking you to take out the garbage.
6. You made a get-well card for your friend who just had his tonsils out.
7. You looked on someone's paper during a test.
8. You chose not to make fun of another child, even though your friends were.
9. You told a crude joke.
10. You hit your brother after he hit you.
11. You did all your chores today.
12. You gave the lesson in family home evening.

#### CONSEQUENCE

1. Gain the Spirit
2. Gain the Spirit
3. Gain the Spirit
4. Lose the Spirit
5. Lose the Spirit
6. Gain the Spirit
7. Lose the Spirit
8. Gain the Spirit
9. Lose the Spirit
10. Lose the Spirit
11. Gain the Spirit
12. Gain the Spirit

(Christena C. Nelson, *Sharing the Articles of Faith*, [Salt Lake City: Deseret Book, 1994], p. 7-9.)

## Extra:

- As a family work on memorizing the second Article of Faith.
- Make a model of what the Garden of Eden might have looked like.

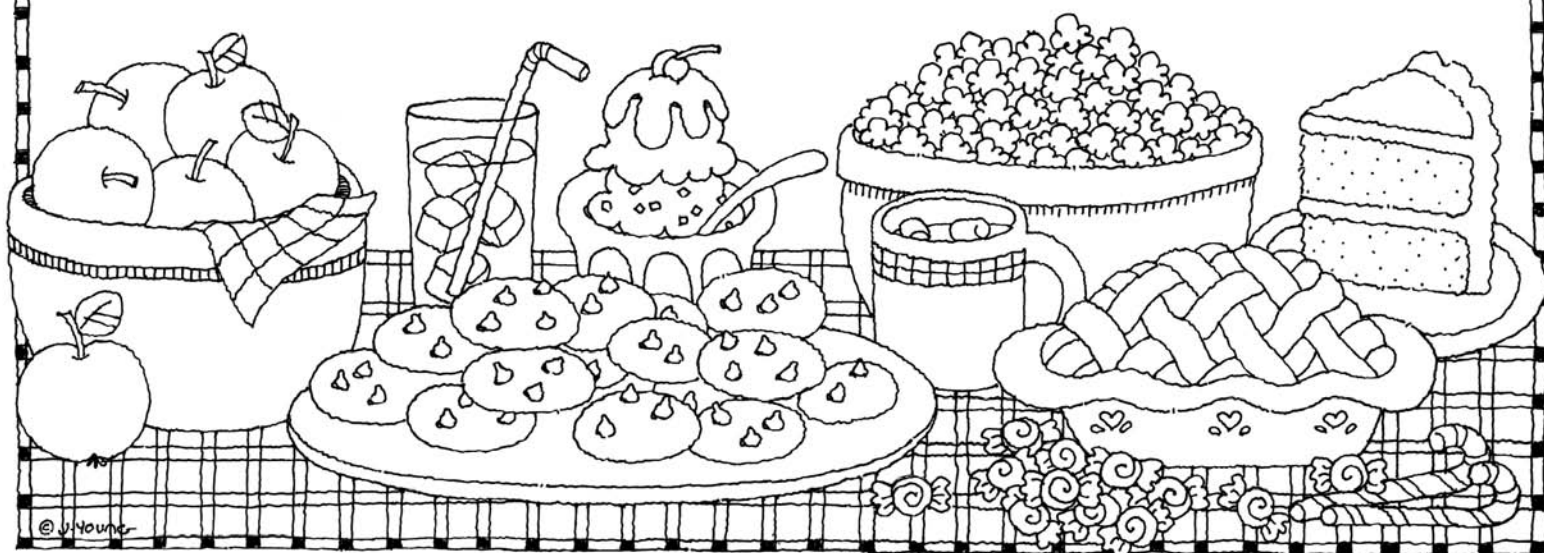
## Refreshment

### Split Seconds

2/3 cup sugar  
3/4 cup butter, softened  
2 teaspoons vanilla  
1 cups flour  
1/2 teaspoon baking powder  
1/2 cup your favorite jam

Preheat oven to 350 degrees. In a large bowl, beat sugar and butter until light and fluffy. Add vanilla and egg; beat well. Lightly spoon flour into measuring cup and level off. Stir in flour and baking powder; blend well. On lightly floured surface, divide dough into 4 equal parts. Shape each into a roll 12 inches long and 3/4 inch wide. Place on ungreased baking sheet. Using the handle of a wooden spoon or your finger, make a depression lengthwise down the center of each roll about 1/2 inch wide and 1/4 inch deep. Fill each with 2 tablespoons jam. Bake for 15-20 minutes or until golden brown. Cool slightly. Cut diagonally into bars.

(Hollee Eckman and Heather Higgins, *All That Jam*, [Salt Lake City: Shadow Mountain, 2003] p. 57.)



*clip this coupon and save*

**20% OFF**  
**AT DESERET BOOK**

On this week's selected FHE titles:

*Teachings of Gordon B. Hinckley*  
*All That Jam*

FHE 4909757



expires 7/23/2005